

Fitness Center Membership



A boutique fitness experience! Our highly-trained fitness specialist will work with you to develop your personalized program and support your wellness goals.

Your membership includes:

- Fitness assessment, orientation, and personalized fitness program
- Cardiovascular and strength training machines
- Hand weights and small equipment
- Locker room, towel service, and shower amenities
- Keycard access to the Fitness Center door
- Silver Sneakers and Renew Active accepted

Membership Options and Fees

	NSSC Member	Basic
Enrollment Fee *One-time fee for new memberships	\$ 50	\$ 50
12-Month Individual	\$350	\$520
12-Month Couple	\$650	\$990
6-Month Individual	\$220	\$300
6-Month Couple	\$400	\$580
3-Month Individual	\$140	\$165

Mondays thru Fridays 8 a.m.—4 p.m. and Saturdays 8 a.m.—1 p.m.

847.784.6003 www.nssc.org
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