



Reach Out to Us

You can contact our Senior & Family Services staff in Northfield by calling **847.784.6040**, Monday - Friday, 9:00 a.m. to 5:00 p.m. You can also visit us at any of our four locations:

Arthur C. Nielsen, Jr. Campus

161 Northfield Rd.
Northfield, IL 60093
847.784.6000

Niles Senior & Family Services Office

7900A Milwaukee Ave., Ste. 2-20B
Niles, IL 60714
847.864.3721

Satellite Locations:

Evanston Social Services Office

Evanston Civic Center
2100 Ridge Ave.
Evanston, IL 60201
847.866.5938

Glenview Village Hall

2500 E. Lake Ave.
Glenview, IL 60026
847.904.4366

www.nssc.org



Our Mission

The mission of North Shore Senior Center is to foster the independence and well-being of older adults, enhance their dignity and self-respect, and promote their participation in and contribution toward all aspects of community life.

We welcome adults of all races, ethnicities, religious traditions and spiritual practices, genders and sexual orientation.



Headquarters

Arthur C. Nielsen, Jr Campus
161 Northfield Rd.
Northfield, IL 60093
847.784.6000
www.nssc.org

North Shore Senior Center is certified by the Illinois Department of Mental Health. It is also a member of the Association of Illinois Senior Centers, Illinois Alliance for Aging, the National Council on Aging, and the Donors Forum of Chicago.

It does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate state and federal statutes. If you feel that you have been discriminated against, call the Senior Help Line at 1.800.252.8966 (voice and TDD).



Senior & Family Services
North Shore Senior Options
Adult Day Services-
Dementia Care Specialty



Accredited by 
National Institute of
Senior Centers

Senior & Family Services

We are here for you



north shore senior center



We can connect you with practical, real-life solutions.

Since 1956, North Shore Senior Center has partnered with older adults and their families to help them access valuable community resources. Whether you are concerned about maintaining your independence in your own home, need help filing your income taxes, or want to learn how to cut through Medicare-related red tape, our trained professional staff can assist you.

Our Programs and Services

Our goal is to give seniors the assistance they need to live safely and comfortably in their own homes so they can “age in place” and avoid premature, long-term nursing home placement. We achieve this goal through our many in-home and community-based programs and services:

- **Adult Protective Services (APS):** The State of Illinois has designated North Shore Senior Center as the local agency to investigate reports of abuse, neglect and financial exploitation of seniors and people with disabilities, ages 18-59. Call us at 847.784.6040 or call the APS Hotline at 866.800.1409. All reports are handled with strict confidentiality.
- **Benefits Counseling & Medicare (SHIP):** North Shore Senior Center has trained volunteers to assist older adults in applying for and maintaining public entitlements and help with issues related to Medicare, hospital/physician bills, and choosing supplemental managed care or long-term care. Individuals are screened for their eligibility for 20 different programs that may provide money or services.
- **Caregiver Resource Center:** This program includes respite, caregiver support groups and workshops, supportive counseling, education programs, and an annual caregiver celebration.
- **Choices for Care:** Designed to ensure that individuals who are planning to enter a nursing home actually need that level of care, this program also explores alternative community resources and options so an informed decision can be made.
- **Chore Housekeeping:** This program can help provide a trained housekeeper to assist older adults by doing light housekeeping several hours each month. An assessment is required to determine eligibility.
- **Community Care Program (CCP):** Administered through the Illinois Department on Aging, this program provides eligible older adults with a trained homemaker to assist with personal care and household tasks. CCP also may provide for adult day services in which the individual can spend time engaged in various supervised recreational/social activities. An Emergency Home Response System is available to those who qualify.
- **Escorted Transportation Service (ETS):** Volunteers from North Shore Senior Center transport seniors to and from medical and dental appointments within our service area. Transportation

is provided Monday through Friday for appointments scheduled between 9:30 a.m. and 3:30 p.m. One-week advance notice is required. To request a transport, please call 847.784.6053. There is a fee for this service.

- **Friendly Visiting Program:** This outreach effort allows for North Shore Senior Center volunteers and homebound older adults to socialize on a weekly basis and forge lasting friendships.
- **General Case Management:** This program requires an assessment to determine an individual's needs before a plan of care can be implemented. Common issues involve applying for benefits, arranging for help in the home, home-delivered meals, or gaining access to medical care and affordable housing.
- **Grandparents Raising Grandchildren:** This program provides emotional support, parenting education, respite, and financial counseling and assistance for older adults who are raising young children.
- **Hearing Loss Program:** North Shore Senior Center offers a weekly Speech Reading Class, a weekly support group, and monthly meetings of the Hearing Loss Association of America (HLAA).
- **Home-Delivered Meals:** This program ensures that isolated older adults can enjoy healthy, nutritious food in their homes. North Shore Senior Center provides assessments to determine need, makes referrals to meal providers, and monitors the program's effectiveness.
- **Lending Closet:** At our Northfield location, we operate a Lending Closet from which people can borrow durable medical goods such as walkers, canes, shower chairs, tub transfer benches, raised toilet seats and wheelchairs. This is a free service, and there are no membership, residency, age or income requirements for those who wish to borrow items.
- **Support Groups:** North Shore Senior Center offers a variety of support groups that deal with issues including hearing loss, low vision, memory loss and Parkinson's disease.
- **Wellness Education:** North Shore Senior Center provides a variety of ongoing health and wellness education programs at local senior housing buildings. Topics include arthritis, nutrition, exercise, asthma and osteoporosis.