### Caregiver Related

<table>
<thead>
<tr>
<th>Website</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP</td>
<td><a href="https://www.aarp.org/caregiving">www.aarp.org/caregiving</a></td>
</tr>
<tr>
<td>National Alliance for Caregiving</td>
<td><a href="https://www.caregiving.org">www.caregiving.org</a></td>
</tr>
<tr>
<td>National Family Caregivers Association</td>
<td><a href="https://www.thefamilycaregiver.org">www.thefamilycaregiver.org</a></td>
</tr>
<tr>
<td>Caregiving Online *</td>
<td><a href="https://www.caregiving.com">www.caregiving.com</a></td>
</tr>
<tr>
<td>Family Caregiver Alliance *</td>
<td><a href="https://www.caregiver.org">www.caregiver.org</a></td>
</tr>
<tr>
<td>Wellspouse Foundation *</td>
<td><a href="https://www.wellspouse.org">www.wellspouse.org</a></td>
</tr>
<tr>
<td>Eldercare Locator</td>
<td><a href="https://eldercare.acl.gov/">https://eldercare.acl.gov/</a></td>
</tr>
<tr>
<td>SAGE Advocacy &amp; Services for LGBTQ+ Elders</td>
<td><a href="https://www.sageusa.org">www.sageusa.org</a></td>
</tr>
<tr>
<td>Healthy Caregiver*</td>
<td><a href="https://www.healthycaregiver.com">www.healthycaregiver.com</a></td>
</tr>
<tr>
<td>American Geriatric Society</td>
<td><a href="https://www.healthinaging.org">www.healthinaging.org</a></td>
</tr>
<tr>
<td>National Institute on Aging</td>
<td><a href="https://nia.nih.gov/health/caregiving">nia.nih.gov/health/caregiving</a></td>
</tr>
</tbody>
</table>

* = has on-line support groups

### Benefits

<table>
<thead>
<tr>
<th>Benefit</th>
<th>URL</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Council on Aging</td>
<td><a href="https://www.benefitscheckup.org">www.benefitscheckup.org</a></td>
</tr>
</tbody>
</table>

### Clothing (Adaptive)

<table>
<thead>
<tr>
<th>Clothing</th>
<th>URL</th>
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</thead>
<tbody>
<tr>
<td>Silverts</td>
<td><a href="https://www.silverts.com/">www.silverts.com/</a></td>
</tr>
<tr>
<td>Care Apparel</td>
<td><a href="https://www.careapparel.com">www.careapparel.com</a></td>
</tr>
<tr>
<td>Shoes</td>
<td><a href="https://www.footsmart.com">www.footsmart.com</a></td>
</tr>
<tr>
<td>Buck and Buck</td>
<td><a href="https://www.buckandbuck.com">www.buckandbuck.com</a></td>
</tr>
<tr>
<td>American Cancer Society Catalog</td>
<td><a href="https://www.tlccatalog.org">www.tlccatalog.org</a></td>
</tr>
</tbody>
</table>
**Health**
American Geriatrics Society
American Assoc of Geriatric Psychiatry
Geriatric Mental Health Foundation
Mayo Clinic Online
National Institutes of Health
The National Library of Medicine
Medical Dictionaries
Geriatric Health Information
Palliative Care
Care Management

**Disease Specific**
Alzheimer’s Association (national chapter)  
(All IL Chapters)
American Association of People w/Disabilities
American Cancer Society
Arthritis Foundation
COPD Foundation
National Kidney Foundation
Parkinson’s Foundation
*Hotline
Lewy Body Dementia Association
Frontotemporal Degeneration
National Aphasia Association
Hearing Loss Association of America
Chicago Lighthouse for the Blind

www.americangeriatrics.org
www.aagponline.org
www.gmhfonline.org
www.mayoclinic.org
www.nih.gov
www.nlm.nih.gov
www.medlineplus.gov
www.healthinaging.org
https://getpalliativecare.org/
www.aginglifecare.org/
www.alz.org
www.alzheimers-illinois.org
www.aapd.com
www.cancer.org
www.arthritis.org
www.copdfoundation.org
www.kidney.org
www.parkinson.org
800.473.4636
www.lbda.org
www.theaftd.org
https://www.aphasia.org
www.hearingloss.org
www.chicagolighthouse.org
**Miscellaneous Resources**
MedicAlert Foundation (ID bracelets)  
https://www.medicalert.org/

Home Modification Information  
www.homemods.org

IL Assistive Technology Project  
www.iltech.org

Alzheimer’s Store  
www.alzstore.com

IL Senior Helpline  
800.252.8966

IL Dept on Aging  
https://ilaging.illinois.gov/

IL Dept of Insurance  
https://insurance2.illinois.gov/

Public Aid  
https://hfs.illinois.gov/

**Hiring Care**
AARP Finding Home Care  
https://assets.aarp.org/external_sites/caregiving/checklists/checklist_inHomeCare.html

**Finding Home Care**
https://www.homecare.org/illinois/

*Checklist  
finding-a-home-care-provider-checklist.pdf (homecare.org)

**Federal**
Medicare  
www.medicare.gov

Social Security  
www.ssa.gov

**Legal Information**
American Bar Association  
www.americanbar.org

National Academy of Elder Law Attorneys  
www.naela.org

Justice in Aging  
https://justiceinaging.org/

Legal Aid Chicago  
https://legalaidchicago.org/