



SUPPORT FOR CAREGIVERS

AS A CAREGIVER YOU ARE NOT ALONE

If you are caring for an older adult and are in need of support, we can help you find and access resources and services. From one-on-one support to accessing at-home services and getting time on your own, we are here for you on your caregiving journey.

CONNECT WITH A CAREGIVER SPECIALIST TODAY!



847.784.6041



caregiversupport@nssc.org



www.nssc.org

RESOURCES

Get connected to services like home-delivered meals, help at home, adult day services, transportation, and assistance in applying for public entitlements.

SUPPORT

Receive one-on-one supportive counseling, free workshops, and access caregiver support groups including dementia, Parkinson's disease, caring for a spouse, and more.

RESPIRE

You may be eligible to receive respite service (temporary relief from your caregiver responsibilities) from a trained professional or care facility in your area.