

JOB TITLE: Healthy IDEAS Counselor

EMPLOYER: North Shore Senior Center

FLSA STATUS: Non-exempt

LOCATION: Arthur C. Nielsen, Jr. Campus, Northfield, IL

PT/FT: PT (21 hours/week)

Are you passionate about serving older adults? Would you like to make a difference in the lives of those we serve? If you answered yes, then you will enjoy working at North Shore Senior Center! We are in search of a caring and compassionate Healthy IDEAS Counselor to join our team. We are looking for someone who will bring their experience and passion to support the independence and well-being of older adults.

NSSC is a small non-profit social services agency with just over 100 employees. For the third year in a row, Chicago Tribune has recognized NSSC as a Top Workplace in the Chicagoland area. We work hard to foster a very supportive work environment that promotes a healthy work-life balance.

SUMMARY:

Healthy IDEAS is an evidence-based program that empowers older adults to manage depression through a behavioral activation approach that encourages involvement in meaningful, positive activities. The Healthy IDEAS Counselor screens older adults for depression, provides education and coaching to support better management of depression symptoms and assesses client progress. Services are typically provided at North Shore Senior Center, offsite locations, by telehealth or by phone.

DUTIES AND RESPONSIBILITIES:

- Assesses potential program participants for depression using program tools
- Educates program participants about depression, treatment options, and self-management
- Refers participants for community services, as needed
- Engages clients in behavioral activation
- Assesses clients' progress
- Obtains necessary consents and authorizations and updates them as needed
- Collaborates with community professionals, as needed
- May conduct educational programs related to the Healthy IDEAS program, aging, and depression
- Completes all paperwork and required documentation in a timely manner
- Refers to the Adult Protective Services (APS) program when abuse, neglect or exploitation is suspected

QUALIFICATIONS:

- Bachelor's Degree (BA) from four-year college or university in social services or related field
- Minimum of one year in providing social services to older adults
- Bilingual Spanish/English preferred
- Knowledge of community supportive services
- Excellent oral and written communication skills

- Computer skills required: Proficient in Microsoft Office Suite; ability to learn internal propriety database
- Other skills required:
 - Sensitivity to cultural diversity
 - Current driver's license and access to a vehicle
 - Available to work occasional evenings
 - Experience with care management preferred

To be considered for this position, please send your resume and salary requirements to hr@nssc.org.

EOE: North Shore Senior Center is an equal opportunity employer; applicants are considered for all positions without regard to race (including traits associated with race including, but not limited to, hair texture and protective hairstyles such as braids, locks and twists), color, religion, sex (including pregnancy, gender identity, and sexual orientation), marital status, parental status, national origin, age, disability, veteran status, genetic information, or any other status protected by applicable federal, state or local law.