

Fall Fest

Community Wellness Fair

north
shore
senior
center



Saturday, October 22

10 a.m. - 1 p.m.

at NSSC (161 Northfield Rd)

Join NSSC and New Trier Township for this free, all-ages wellness event. Featuring:

- Health screenings
- Fitness demos
- Interactive safety activities
- Wellness resources
- Fall fun for kids

For more information, email juliek@newtriertownship.org

or call 847.386.3127

