

# On the other side of a storm is the strength that comes from having navigated through it. Raise your sail and begin."

-GREGORY S. WILLIAMS

# Resilience

### Dear Friends & Supporters,

Reflecting on fiscal year 2021 (July 1, 2020 - June 30, 2021), we are in awe of how much we accomplished as an organization—in spite of the raging pandemic. It was a year unlike any other and it required resolve and tenacity on the part of our board members, our staff and the older adults we serve.

We are especially proud of the NSSC team and the resiliency they demonstrated in the face of evolving public health mandates, changing technology and increasing need. We stayed connected to thousands in the communities we serve with regular check-in calls and tangible support, and we made the leap to virtual and now hybrid programming. NSSC also played a small part in helping to slow the spread of the virus by hosting a vaccine clinic for more than 450 older adults and their caregivers. Many times, it felt like we were navigating in a storm without a compass, yet we never lost sight of NSSC's true north—serving older adults as we have since 1956.

As we write this letter, we are entering our second COVID-19 winter; again, requiring vigilance, resolve and tenacity. We, as an organization, will also remain hopeful and resilient. We, together with our supporters and community partners, will continue to serve older adults and their families.

Our essential work would not be possible without the generosity of our donors, stakeholders and funders. Thank you for your continued support.

With hope for brighter days ahead,

118 Ludanti

Tish Rudnicki, MSW Executive Director

Roger T. Lumpp Board Chair



Koger T. Sumpp

### **NORTH SHORE SENIOR CENTER**

### The Year in Review

Fiscal Year 2021 (July 1, 2020 – June 30, 2021) started on a positive note with the Center reopening to the public with limited on-site Lifelong Learning programs and activities. While support groups, counseling, activities for participants with memory loss and work with social services clients remained virtual, Adult Protective Services resumed home visits. As summer faded into fall COVID-19 cases surged, forcing NSSC to cease in-person programming in November. The State of Illinois entered Phase 5 of Restore Illinois in June 2021, allowing the Center to fully reopen, with the exception of House of Welcome Adult Day Services. Here is a snapshot of the year.

### 2020

### **August**

• The Fitness Center reopened under in-house management

### July

- NSSC cautiously reopened with health screenings and limited on-site programming
- Adult Protective Services case workers resumed home visits, investigating cases of neglect, abuse and financial exploitation





### **October**

- NSSC held its first-ever virtual Gala on October 3, raising \$136,000
- The Lending Closet reopened by appointment only





### **January**

- 324 professionals and community members attended a 3-part series on dementia presented by leading dementia educator Teepa Snow
- The 2021 Annual Meeting was held virtually with an esteemed panel of medical professionals who presented "The COVID-19 Vaccine Is Here: Now What?"



### May

• The Shop at the Center launched an online store



Chicago Tribune

### **November**

- NSSC was recognized as a Chicago Tribune Top Workplace
- A rise in COVID-19
   cases forced the Center
   to pause in-person
   programming

### March

 NSSC earned the highest level of CARF accreditation for the seventh consecutive time



Senior & Family Services North Shore Senior Options Adult Day Services-Dementia Care Specialty

## 2021

### **June**

- NSSC fully re-opened to the public with the exception of House of Welcome Adult Day Services
- Boston Consulting Group's Board Fellows Program concluded 18 months of pro bono consulting for NSSC and House of Welcome Adult Day Services

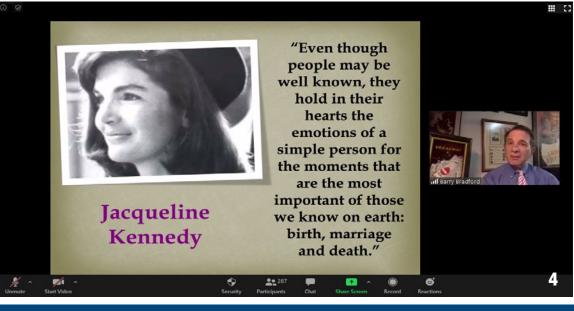


The COVID-19 pandemic forced us to learn how to serve our community in ways we had never dreamed. Our team of dedicated professionals rose to the occasion time and time again. Here are just some of the ways we pivoted to continue serving our vulnerable older adult population.

## Serving









- 1. Our traditional Giving Tree went virtual for the first time, providing holiday gifts to 250 low-income clients, including our Grandparents Raising Grandchildren program.
- NSSC hosted a COVID-19

   vaccination clinic with AgeOptions
   and Metropolitan Asian Family
   Services and vaccinated 460 older
   adults and their caregivers.
- 3. Senior & Family Services provided 69,597 hours of service to 21,179 individuals, including benefits counseling, tax assistance, case management and wellness education.

## the Community









- 4. Lifelong Learning expanded online programming to a maximum of 300 participants per class, free of charge which resulted in 23,216 enrollments in 601 Lifelong Learning classes.
- 5. NSSC provided 9,041 individuals with 4,910 hours of information and assistance, including referrals to community services and connecting people to resources.
- 6. Several successful drive-thru events were held including Grab & Go free lunches, back-to-school and holiday events for Grandparents Raising Grandchildren families, flu shot clinic, and farmers market coupons for low-income seniors.

## Our Impact

After closing our doors March 12, 2020 due to the COVID-19 global health crisis, NSSC installed a new air filtration system with high efficiency filters to deliver cleaner air, and all NSSC buildings were carefully sanitized. We reopened to the public on July 6, 2020 in a limited capacity with temperature checks, health screenings and physical distancing. The pandemic continued to impact operations across the organization during the rest of the fiscal year.

### 21,696 people

received 76,467 hours of service through Senior & Family Services, Senior Options, House of Welcome Adult Day Services, Escorted Transportation Services and Tax Assistance

### 74% of individuals

served were low-income or at the poverty level

### Volunteers provided 7,959 hours

of service across the organization, a value of \$227,150 in in-kind support

### 1,144 individuals

furthered their knowledge, attending 38 NSSC Professional & Community Education programs

### 3,606 individuals

attended 601 Lifelong Learning programs

### 83¢ of every dollar

went directly to programs and services that benefit those we serve

### Senior Options provided 462 people

with 4,885 hours of service through counseling, money management and a program to help eligible nursing home residents transition back into the community and live as independently as possible

### **OPERATING REVENUE**

<b>Total Revenue</b>	\$6,712,448
Other Income	4,586
Program Service Fees	244,319
Registration and Membership Fees	462,866
State Contracts	2,767,002
Program Fees and Contracts	
Government Grants	1,065,895
Townships and Municipalities	291,458
Annual Gala	136,059
Foundations, Corporations, Estates	1,175,402
Members and Friends	\$ 564,861
Grants and Contributions	

### **OPERATING EXPENSES**

Revenue Under Expenses	(\$151.537)
Total Expenses	\$6,863,985
Management and General/Fundraising	1,172,147
House of Welcome Adult Day Services	574,742
Lifelong Learning	713,244
North Shore Senior Options	347,335
Senior and Family Services	\$ 4,056,517

### NET ASSETS (as of June 30, 2021)

Total Net Assets	\$1,147,577
Perpetual in Nature	61,581
With Donor Restrictions Purpose and Time Restrictions	314,200
Undesignated Board Designated	\$ 313,135 458,661
Without Donor Restrictions	

We acknowledge with gratitude in-kind contributions from friends and organizations and volunteer services from individuals.







# **UDDODES**2020-2021

North Shore Senior
Center is grateful for
the support of the
individuals, businesses
and organizations
that provided gifts of
\$500 or more from
July 1, 2020 to June 30,
2021. Their generosity
is a vote of confidence
in NSSC, its mission
and its commitment
to the communities in
which it serves.

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The mission of North Shore Senior Center is to foster the independence and well-being of older adults, enhance their dignity and self respect, and promote their participation in and contribution toward all aspects of community life.

# Core V

- Share a Purpose
- Embrace Diversity
- Take Responsibility
- Pursue Excellence
- Act with Passion









### Resilience is based on compassion for ourselves as well as compassion for others."

-SHARON SALZBERG

### north shore senior center

### Arthur C. Nielsen, Jr. Campus

161 Northfield Rd. Northfield, IL 60093 847.784.6000

### **Niles Senior & Family Services Office**

7900A Milwaukee Ave., Ste. 2-20B Niles, IL 60714 847.864.3721

### **House of Welcome Adult Day Services**

1779 Winnetka Rd. Northfield, IL 60093 847.242.6250

### **SATELLITE LOCATIONS**

### **Evanston Social Services Office**

Evanston Civic Center 2100 Ridge Ave. Evanston, IL 60201 847.866.5938

### **Glenview Village Hall**

2500 E. Lake Ave. Glenview, IL 60026 847.904.4366

### **Connect with us:**









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