

Tish Rudnicki **Executive Director**

For nearly 30 years, Tish Rudnicki has dedicated her professional life to helping seniors throughout Chicagoland and Illinois live healthy and fulfilling lives. She is excited and humbled to join North Shore Senior Center as its executive director.

“I have long admired North Shore Senior Center for all of its great work on behalf of those it serves and the culture of care and learning that it promotes. I am excited to have a role in continuing that work and building upon it,” Tish said.

Prior to joining the Center, Tish worked for 29 years at the Kenneth Young Center (KYC), a provider of comprehensive behavioral health services to individuals of all ages and community-based social services to older adults throughout the northwest suburbs of Chicago. She most recently served as the chief program officer at KYC, where she was responsible for overseeing all clinical and support services to 13,000 clients ages 3 to 105 years old. Prior to that role, Tish significantly grew KYC’s Older Adult Service division—increasing its client impact by 50 percent in her seven-year tenure as manager.

In addition, Tish has been instrumental in the Illinois Coordinated Care Alliance (CCA)—a statewide partnership of senior service agencies that collaborate with managed care organizations, insurance networks, and healthcare providers to enhance the health and welfare of older adults and people with disabilities. She has served the CCA as an executive board member since 2013, and was board president in 2015 and 2016.

Tish has a bachelor’s degree in psychology from Miami University and a master’s in social work from the University of Illinois at Chicago. In her free time, Tish enjoys being with family and friends, hiking, biking, playing golf and gardening. She also enjoys entertaining at her home in Barrington—and cooking with vegetables from her garden!

